

Sunday, February 5—Big Day At Knox!



One Shared Worship at 10:00 am

Please Note:
Sunday, Feb. 5, 2012—There will be only ONE service of worship that morning, shared at 10:00 am in the Sanctuary.

Immediately following the single worship service

will be Knox's **Annual Congregational Meeting**. All members are strongly encouraged to be a part of this extremely essential event in the life of Knox!

Schedule for Feb. 5 Events:

- * 10 am Shared Worship Service
- * 10 am Sunday School (to Grade 8)
- * 10 am Childcare (Infants/Toddlers)
- * No Children/Youth Choirs
- * No Adult Ed or Coffee Hour
- * 11 am Congregational Meeting
- * 11:30 am Soup Lunch in the Commons immediately following Annual Congregational Meeting.

Dress casually on Sunday, February 5, in your favorite sweater or Knox sweatshirt!

Immediately following the Congregational Meeting (about 11:30 am), join us in the Commons for a delicious bowl of soup, hearty bread, dessert and fellowship!

➔ **Please bring item listed below according to the first letter of your last name:**

- ▶ **A - H**: Bring 1 cup fresh or frozen, cut up veggies.
- ▶ **J - Q**: Bring 1 loaf of bakery bread (French, Italian, etc. Pre-sliced is welcomed!)
- ▶ **R - Z**: Bring "finger" desserts (1 dz cookies, brownies, bars, etc.)



Soup, Sweaters and Sweatshirts!



Souper Bowl of Caring

On Sunday, Feb. 5, our **Confirmation Class** will be at the doors at the close of our single 10 am shared worship service and again after our Annual Congregational Meeting that morning, holding soup pots and accepting donations (\$1 or more) to support this year's charity chosen by their class—**Heifer International**.

Each year, our Confirmation class talks about



Heifer International

which concerns touch our lives and, through this discussion, select a charity to support. On February 5, our collection will support *Heifer International* whose mission is to "work with communities to end hunger and poverty and care for the earth." With gifts of livestock and training, Heifer projects help families improve their nutrition and generate income in sustainable ways. You can learn more at www.heifer.org.

Inside This Issue:

Inquirers Series	2
Stewardship	2
Name Badges	2
Saying Goodbye	3
KPS 55 Birthday!	3
Youth At Knox	4
Lenten Events	4
People We Know	4
Ed Opportunities	5
Music at Knox	6
Mission Partners	6
Knox Wish List	6
Calendar	7
Faith Nurse	8

OUR VISION

"We are a joyful community of Christian faith, a growing reflection of God's love."

Special Points of Interest:

- 2/1- Inquirers Series begins, Part I
- 2/3 - FFFF Night!
- 2/5 - Single 10 am Worship
- Congregational Meeting
- Soup/Sweaters
- 2/8 - Presbyterian Women's Fellowship
- 2/20 - Church Closed



Ash Wednesday, February 22 Begins the Lenten Season 7:30 pm—Worship Service



This quiet service of renewal will include the imposition of ashes for those desiring it.

Soup, Sweaters & Sweatshirts



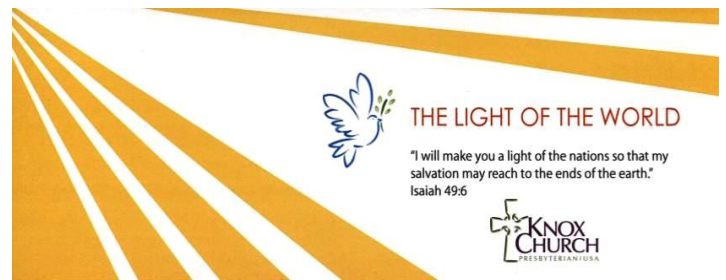
(continued from page 1)

We are Going "Green" again this year. Bring your own soup bowls, glasses, cups and silverware from home.

Drop Off veggies, breads and desserts to the Kitchen prior to the 10:00 am shared worship service. Members of the Growth & Outreach Committee will be on hand to assist you.

Questions? Please contact Rich Wilson via email at: rwilson14@cinci.rr.com.

Thank You!



The Light of the World pledge effort has concluded, and we extend our grateful thanks and appreciation for those who have directed their gifts to the service of God through Knox Church. As of January 18, pledges toward the 2012 budget totaled \$1,127,811.

We *are* the light, and as a faith community, we shine as one. Our congregation is rich in committed members who give generously of their time, talent and financial resources, and possess an amazing spiritual commitment. Thank you!

The Stewardship Committee

Knox Name Badge Ministry

Did you know that since this program was implemented in February 2011, over **650** name badge orders have been completed? This new ministry has been a huge success and has made it so much easier to meet and greet visitors and current Knox members alike!

If you haven't ordered your badge, you may do so today! Order forms (hot pink) are available at the Michigan Ave. Welcome Desk, in the Narthex, to the rear of the Knox Commons and on our website. Badges have a magnetic back for easy wear but are also available, upon request, with a pin back.

► **Cost: \$6 each.** Please note, to keep costs down, Knox will consolidate orders and only place them three times throughout the year: (February, June and October...each time in advance of welcoming new members during our Inquirers Series.)

► **Current Order Deadline:**
Monday, Feb. 13.

► Badges will be available after Feb. 24 to pick up in the Michigan Ave. Lobby.



Sample

► **KNOX YOGA GROUP** will continue in the Session Room, at 7:00 pm on the following dates: 2/1, 2/15, 2/29, 3/28, 4/18 and 4/25. Questions? Please contact Cindy Sieber, siebercynthia@gmail.com.



► **BUILDING CLOSED FEB. 20:** The church building will be closed on Monday, February 20, for President's Day.

Inquirers Series for Membership

We invite you to the ...

Winter 2012 Inquirers Series for Membership



...to explore membership, Presbyterianism, Knox Church in particular and address your questions as you consider making Knox your faith home. Please contact Jana Reister at 513-321-2573 x106 or jreister@knox.org to RSVP or for more information. We look forward to gathering with you!

Inquirers Series Schedule:

• **Part I:** Wednesday, **Feb. 1**, 7:30-8:45 pm, home of Terri & Gary Schmitt, 1355 Custer Ave, Cincinnati, 45208, in Mt. Lookout. Casual gathering for: Introductions, Why Knox? Why Membership?(Questions on the night of? Call 382-5029).

• **Part II:** Sunday, **Feb. 12**, 12:10 - 1:45 pm, Knox Room: Brunch and FAQ's regarding Presbyterianism, the Reformed tradition of the Christian faith, what makes Knox unique, and Q & A time for your questions. A tour of Knox will follow this event.

• **Part III:** Tuesday, **Feb. 21**, 6 - 7:30 pm, Social Hall: Dinner with Session (Board of Elders). Explore getting connected with your church family and God's work in the world as a steward of time, talents and treasure. The Session concludes the evening by receiving interested Inquirers into membership.

• **Part IV:** Sunday, **Feb. 26:** We welcome new members during worship as they take member vows.

(Childcare is available upon request for all events.)

Saying Goodbye...



Lorelei Zenk

...Lorelei Zenk to Retire!

Recently our church secretary, Lorelei Zenk, announced her desire to retire effective February 3, 2012. Lorelei will have completed exactly 15 years of wonderful service to Knox Church!

Although she will be greatly missed, we wish Lorelei a very well-deserved and wonderful retirement!

A note from Lorelei:

"Dear Knox Friends,

As many of you know, I am planning on retiring just after celebrating my 15th year at Knox. It's been a pleasure for me to serve as Parish Secretary all these years, and that is the difficult part of leaving. I've enjoyed working with the staff and interacting with a large number of you, and I will take those fond memories with me.

May God bless each and every one of you!

Lorelei"



Terri Schmitt

We also now say goodbye to...

...**Terri Schmitt** who has served as a delightful Kitchen Manager.

We thank her for the delicious and healthy meals that she and the Kitchen Guild have provided over these past years.

► KNOX PRESBYTERIAN WOMEN'S FELLOWSHIP

will meet Wednesday, **February 8**, 10:30 am, in the Knox Commons. This month's program will be "**Legal News**," presented by attorney, Mary Ann Jacobs, Esq. This is an added meeting, rescheduled from last month.

Please bring a brown bag lunch if you choose to stay after the speaker. Reservations to phylwahl@fuse.net or Beverly Maisenhalter, 351-2074. Please join us!

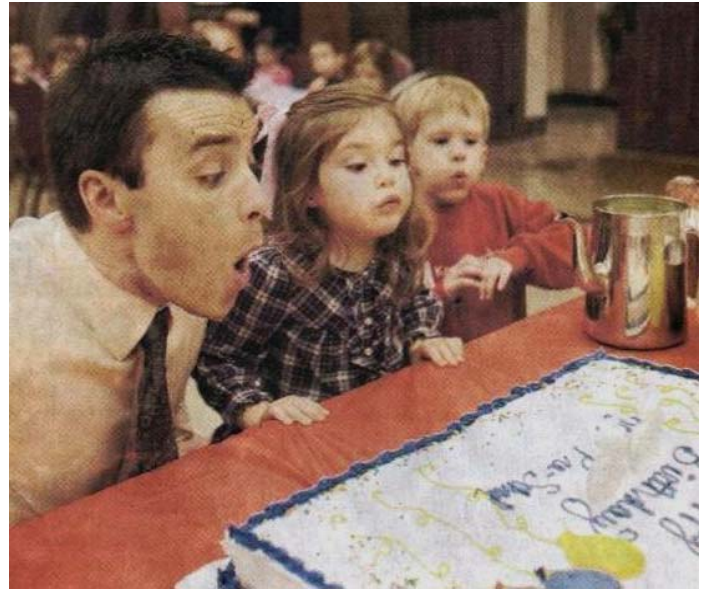
Happy Birthday Knox PreSchool—Celebrating 55 Years!



On Thursday, January 26, Knox Preschool held a fun-filled birthday celebration to commemorate its 55th Birthday, with special guest, Channel 12's News Personality, **Bob Herzog**! The kids, Bob, teachers and parents danced, laughed and shared cake and ice cream!

Special thanks to "Dancing Bob" and Leigh Taylor, Cincinnati Enquirer Photographer, for joining Knox Preschool's very special 55th Birthday Celebration!!!

Applications are being accepted for the 2012-13 school year. Knox Preschool offers part-day programs, 27 months to 5 years, September-May. New families are



encouraged to visit! Call Marie George or Laura Johnson, KPS Co-directors, at 321-9228 to schedule a tour or visit our website at: www.knox.org/knoxpreschool.



Breakfast With Frosty—A Great Success!

On Saturday, Jan.14, despite the ice storm that day, Knox Preschool held their annual fundraiser, *Breakfast With Frosty*. Over 150 braved the ice to attend this fun event, raising \$2500, (\$1200 more than last year)!

Youth At Knox



► Feb. 5 - ICE SKATING at FOUNTAIN SQUARE!

11:00 am Lunch in the Commons. 12:00 noon meet in Youth Room. 12—3 pm Skating at Fountain Square. Cost: \$5.

► **Feb. 12 - YOUTH SUNDAY!** Our Knox youth will lead us in worship at both services on February 12th. Join us!

► **Feb. 19 - LOCK-IN!** Join us at 8 pm for one of the most fun events of the year! We will play Sardines, Wii and so much more! Lock-In concludes at 8 am (President's Day). Please note, you can come late if you have other things happening, but youth are not permitted to leave early. All youth will need a signed Knox permission form to attend. Friends Welcome!

► **Feb. 26 - SURVIVING THE TEENS!** (Program - Parents and Guardians), 5-7 pm, Youth Room. Presenter: Cathy Strunk, RN, Suicide Prevention Expert and Liaison at Children's Hospital. (See page 5 for complete details.)

► **March 4 - SURVIVING THE TEENS!** (Program - Youth), 5-7 pm, Youth Room. (See page 5 for details.)

►►► **FIRST FRIDAY FAMILY FUN NIGHT** Join us Friday, **Feb. 3**, 6-7:30 pm, Knox Commons for dinner. Afterwards, the kids will attend a mini youth group experience (ages K-4th grade) with Dave Annett, while the adults enjoy some



games (please bring your favorite games to share!). Cost: \$5pp or \$20/family. Please RSVP to Dave Annett at: dannett@knox.org or 513-321-2573x107. See you there!

Did You Know... 2012 is a leap year, with 366 days instead of the usual 365 days? The ancient Egyptians first figured out that the solar year and the man-made calendar year didn't always match up. That's because it actually takes the Earth a little longer than a year to travel around the Sun—365 days, 5 hrs, 48 minutes, 46 seconds, to be exact. As the hours accumulated over the centuries, an extra day was occasionally added to the calendar. Over time the practice became more or less official.

Lenten Dinner Presentations



Keillor



Bonhoeffer



Gully

All are invited to share in the three Wednesday Lenten Dinners scheduled for March 7, 14 and 21, all at 6 pm. Following a delicious dinner, Tom York will share presentations on the theme of "Popular Theologians – Who Are They and What Are They Saying?"

- **March 7**—the focus will be on Garrison Keillor of "Prairie Home Companion."
- **March 14**—Dietrich Bonhoeffer will occupy center stage.
- **March 21**—The final presentation will be centered on Philip Gully, Quaker theologian, pastor and writer.

These presentations will be shared at 7:00 pm in the Knox Commons.

People We Know

THOSE SERVING OUR COUNTRY: Matt Anderson, Matt Buchert, Joseph Elkin, Matt Helmes, Scott Johnson, Jordan Lorenzen, Blake Lyon, Paul Moody, Christopher Palmer, Matthew Paluta, Alison Park, Thomas Rhame, Timothy Sowder

CONCERNS: Beth Curtis' father had a stroke; Rachel High, knee surgery 1/24; Lisa Heath, Gary Schmitt's sister, surgery 1/27; Jerry Poll, surgery 1/20; Kim Conrad*, doing missionary work in Haiti; Sue Volz, to receive more tests; Gwyneth Stewart, on the death of her mother; 1/23; Cathy Rogers, daughter of Glenn and Lana, in hospital; Kila Tripp, daughter of Rick and Cindy, in hospital

JOYS: Birth of Matthew Scott Schiermyer, son of Scott & Beth and grandson of Grace & Bob Schiermyer; birth of Andrew Michael Buchman, 1/27, son of Kent & Melissa Buchman and nephew of Krista & Michael Howard.

*Knox member, Kim Conrad, is in Grand Guave, Haiti for an extended work trip until the end of March, (working at Mission of Hope, a church/school/orphanage). For those interested, their website is: <http://www.mohintl.org>; and Kim's blog is: <http://kimconrad.blogspot.com>. She appreciates your prayers.

Do You Have Your Offering Envelopes? If not, check the "Envelope" table in the Michigan Ave. lobby or contact our financial secretary, Renche' at rleroux@knox.org.

Education Opportunities

No Adult Education Classes on February 5!

Bible and Culture

Jan. 8 - Feb. 19, except Feb. 5; Session Room
9:15 am and 10:30 am; Led by Holly Toensing
Got Family?: The Letter to Ephesians

How do we transform our personal and social identities to match more closely God's purpose and concept of family in our church community and beyond? Ephesians offers encouragement and guidance! All are welcome.

2/12—Eph. ch. 5; 2/19—Eph. ch. 6

FAITH AT HOME: JOURNEY THROUGH THE BIBLE

Follow along with the weekly scriptures from our new church-wide curriculum! (*Study guides available at www.knox.org.*)

2/5 - Jesus Heals, Prays & Preaches, Mark 1:29-39, "God Wants Us to Depend on Him"

2/12 - Jesus Calms a Storm, Mark 4:35-41, "Jesus Takes Care of Us"

2/19 - Four Friends Help a Paralyzed Man, Mark 2:1-12, "God is a Forgiving God"

2/26 - Jesus Heals the Blind Man, Mark 10:46-52, "God is Merciful"



Caregiver Support Group
Thursdays in February; 6:30-7:30 pm
Room 210 A (near the chapel)
Facilitator: Pam Ward RN
Knox Faith Community Nurse

Join us as we explore caregiving together and discuss such topics as:

- Maintaining balance as a caregiver
- How to solve caregiving problems/resources
- Learning from the experience of others

Who should come?

- An adult child who's concerned about an aging parent
- A spouse feeling overwhelmed with caring for a mate
- A friend who feels responsible for checking on an ailing individual who may have no family
- A sibling who visits a brother/sister on a regular basis.
- A parent or anyone who feels responsible for the care and welfare of another individual.

Contact: Pam Ward 321-2573 x108 pward@knox.org.

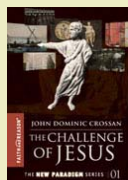


Christian Education LOVES Volunteers!
Dessert Reception, Wed., Feb. 15
7-8 pm; in the Social Hall

We would like to honor the many Volunteers who so generously share time, energy, creativity, and most importantly - God's Love - with the children, youth, and families of Knox. If you are a current volunteer, or interested in learning more about sharing your gifts, as part of the Children and Youth Ministry Team, please join us for a Dessert Reception in your honor!



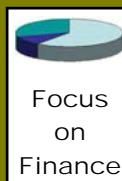
Called to Care through Faith Community Nursing
February 19; 9:15 am and 10:30 am; Knox Room
Pam Ward RN, Knox Faith Community Nurse will inform participants about her role as a nurse serving our church family.



The Challenge of Jesus Discussion Series
Beginning February 26

9:15 am and 10:30 am Session Room.

Through this video-based series, renowned historical Jesus scholar John Dominic Crossan presents his life's work developing the unexplored matrix of Jesus' unique time and place. Dr. Crossan was recently elected President of the Society of Biblical Literature for 2011-2012.



▶ **Budget & Finance Information Session** ◀
February 26; Room 201—Knox Room
10:30-11am Presentation: Focus on Finance
11-11:30 am Questions and Answers

Would you like to know more about the recently completed 5-year budget plan? How Knox is funded? The current state of finances at Knox? Please join Pete Miccoli, Chair, for this presentation on behalf of the Budget & Finance Committee.

Small Group to Meet During Lent
Beginning February 26; Northeast Cincinnati Area
Contact: Carolyn or Rolf Hahne

The group will focus on building Christian Community (Koinonia) through sharing, study and prayer. Contact Carolyn or Rolf Hahne if you are interested: [513-247-9104](tel:513-247-9104) or carhah@cinci.rr.com. The Hahne's live at 8183 Trotters Chase, Cincinnati (Sycamore Township) 45249.



Surviving the Teens Program

▶ **Parents/Guardians Program**
Sunday, Feb. 26; 5-7 pm; Commons

▶ **Teens Program**
Sunday, March 4; 5-7 pm; Commons

The teenage years can be an extremely stressful and challenging time for adolescents and their families. The Division of Psychiatry at Cincinnati Children's Hospital Medical Center created *Surviving the Teens* to provide information, resources and support to help guide teens and families through the ups and downs they might face. Recent research has shown that one of the greatest concerns for teens is worrying about the well being of their peers. This program will provide them with tools to help them cope. Our presenter, **Cathy Strunk, RN**, Suicide Prevention Expert and Liaison, fully developed and implemented the program in 2001, which has been presented in dozens of area schools and faith communities. The name *Surviving the Teens* was proposed for the program by Cathy Strunk in 2004 following a real-life tragedy.

Note: Please RSVP to the Parents Program to Pam Ward @ 321-2573 x 108 or pward@knox.org

Lenten Dinner Presentations—In March
(See pg 4 for program details!)

Music at Knox



CCM Presents Berlioz's Dramatic Legend *The Damnation of Faust*

Berlioz's massive and dynamic masterwork to be performed as a unique musical and visual event.

Saturday, February 25; 8 pm
CCM's Corbett Auditorium

Earl Rivers, Knox Director of Music, conducts CCM Chamber Choir, Chorale, Philharmonia Orchestra, and Cincinnati Children's Choir for one performance of Berlioz's grand and romantic *The Damnation of Faust*, based on the novel of Goethe, in CCM's Corbett Auditorium at 8 pm, on Saturday, Feb. 25. The program will be enhanced by cinematic visual elements designed by CCM Electronic Media Professor Raul Barcelona that he describes as "documentary footage of urban wildlife and flora, shot in both New York and Cincinnati... complemented by more experimental footage, some of which will be computer generated using visualization techniques to produce images out of sound wave data." Kenneth Shaw, bass-baritone and CCM Faculty Artist, and who has sung the role of Pilate in Knox Music Series presentations of Bach's St. John and St. Matthew Passions, will be singing the role of Méphistophélès. Tickets are \$12 general admission, \$5 non-UC students and UC students are free. Tickets can be purchased from the CCM Box Office (online at ccm.uc.edu or 513-556-4183).



VOLUNTEER TODAY!

Be a part of the excitement at the 2012 World Choir Games.

We're looking for 4,000 volunteers in the following areas:

- Choir Hosts
- Event Services
- Language Services
- Marketing & Communications
- Participant Services
- Sponsor Relations
- Venue Support
- Volunteer Services

This is a once-in-a-lifetime opportunity to meet people from more than 70 nations, hear music from around the world and help produce a global event in Cincinnati USA.

Register today at www.2012worldchoirgames.com/volunteers.



Knox Director of Music, Earl Rivers, is Artistic Director USA for the World Choir Games & invites you to Volunteer for the WCG.

Mission Partners

➔ **Knox to host IHN "Guests", February 19-26.** IHN, Interfaith Hospitality Network, is a Knox Mission Partner. If you are new to Knox or new to this ministry, **we invite you to contact Betty Prince**, blprince@cincic.com or call 321-8368 to see how you, too, can be a part of this vital outreach!

In addition, IHN is in need of pajamas - all sizes from infant to children to adult, both men and women. Old Navy sells pajama pants -\$5. Solid color tee shirts at Michaels - \$3. We would also love socks & underwear in all sizes. Please bring your new or freshly washed items to the IHN room, 3rd floor—Room 305. Thank you!

➔ **Bags Needed – Donate/Make Bags for MEAC:** Madisonville Education and Assistance Center is a Knox Mission Partner. MEAC's clients use bags to carry the groceries, clothing, and other items they choose at MEAC and often run out of bags. You can help by donating the plastic or paper bags you have stashed away in a cabinet somewhere.

If you are willing to try your hand at sewing, you could make bags for MEAC to use out of gently used t-shirts. Visit Martha Stewart's website: (<http://www.marthastewart.com/266942/t-shirt-bag>) to see how to easily create reusable shopping bags.

Also, paper towels and small canned goods are always in need. Please place these donated items in the marked bin in the hallway leading to the Commons. Thank you!

KNOX WISH LIST

Do you wish to contribute to Knox Church in a unique and wonderful way? The Knox Wish List may be your opportunity. The Wish List is an item or group of items that will enhance the church's missions, facilities or equipment that fall outside the church's regular operating budget.

This month's Wish List request is a set of **16 candlesticks** which can be affixed to the ends of the pews in the sanctuary. These new candlesticks will replace the old candlesticks which have become unattractive and cannot be securely fastened to the pews any longer. The estimated cost of this set is **\$4300**.

If you would like to cover the cost (partially or completely) of this Wish List item, please send a check to the church identifying the item that you wish to sponsor. Thank you!

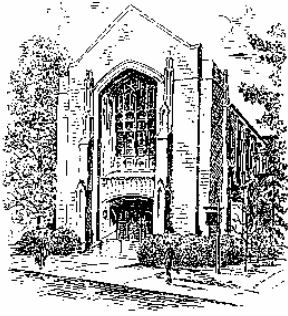
~ John Adams, Church Administrator

➔ **Hyde Park Center for Older Adults**, another Knox Mission Partner, is offering at their center, 2800 Erie Ave.:

Wed., Feb. 1, Veteran's Benefits, 9 am-2:30 pm. A rep. from the VA will be at HPC to answer veteran's questions.

Income Tax Assistance; Tuesdays, 2/14, 2/28, 3/13, 3/27. HPC is offering tax assistance by trained volunteers from the Tax Counseling for the Elderly Program. To be eligible for this service you must be 60 or older. For details or to RSVP, please contact Cathy Colque at 321-6816.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<h1>February 2012</h1>						
<p>5</p> <p>10:00 am - Single Worship, SS to Gr 8 10:00 am - Childcare Infants/Toddlers 11:00 am - Congregational Meeting 11:30 am - Soup, Sweaters and Sweatshirts! 12:00 pm - KYG Older, Ice Skating</p> <p><u>NO</u> Adult Ed/Coffee Hri/Kids Choirs</p>	<p>6</p> <p>6:45 pm - Session Co-ord Mitg 7:30 pm - Various Committees</p>	<p>7</p> <p>5:30 - NAMI (2 groups) 7:00 pm Preschool Board</p> <p>7:00 pm - Adult Ed Committee</p>	<p>1</p> <p>7:30 am - Prayer Breakfast 10:00 am - Staff Meeting</p> <p>7:00 pm - Yoga 7:30 pm - Inquirers, Part I (at Terri/Gary Schmitt's)</p>	<p>2</p> <p>6:00 pm - Handbell Choir Reh 6:30 pm - Caregiver Support 7:30 pm - Knox Choir Reh.</p>	<p>3</p> <p>6:00 pm - First Friday Family Fun Night!</p>	<p>5</p> <p>10:00 am Cub Scout Pinewood Derby Race Day</p>
<p>12 Youth Sunday!</p> <p>9:15 am - Fresh Spirit Worship, Adult Ed, & Sunday School 10:15 am - Coffee/Fell'ship/Kids Choirs 10:30 pm - Adult Ed Study 11:00 am - Traditional Worship, SS/Confirm Class 12:10 pm - Inquirers Brunch, Part II 5:00 pm - No KYG—Youth to lead in both morning services</p>	<p>13</p> <p>10:00 am - Seekers</p> <p>➔ Name Badge Order Deadline</p> <p>6:00 pm - Budget & Finance</p>	<p>14</p>  <p>7:00 pm - HP Neighborhood 7:00 pm - Personnel Comm</p>	<p>15</p> <p>7:30 am - Prayer Breakfast 10:00 am - Staff Meeting</p> <p>➔ Knox News Deadline</p> <p>7:00 pm - Yoga Class 7:00 pm - Dessert Reception for Christian Ed Volunteers</p>	<p>16</p> <p>6:00 pm - Handbell Choir Reh 6:30 pm - Needleworks 6:30 pm - Caregiver Support 7:30 pm - Knox Choir Reh.</p>	<p>17</p>	<p>19</p>
<p>19</p> <p>9:15 am - Fresh Spirit Worship, Adult Ed, & Sunday School 10:15 am - Coffee/Fell'ship/Kids Choirs 10:30 pm - Adult Ed Study 11:00 am - Traditional Worship, SS/Confirm Class</p> <p>5:30 pm - Host IHN Guests 8:00 pm - Older KYG Lock-in begins</p>	<p>20 President's Day (Church Building Closed)</p> <p>8:00 am - KYG Lock-in Ends</p>  <p>5:30 pm - Host IHN Guests</p>	<p>21</p> <p>5:30 - NAMI 5:30 pm - Host IHN Guests</p> <p>6:00 pm - Session Dinner with Inquirers, Part III 6:30 pm - La Leche League 7:00 pm - Session Meeting</p>	<p>22</p> <p>7:30 am - Prayer Breakfast 10:00 am - Staff Meeting</p> <p>5:30 pm - Host IHN Guests</p>  <p>7:30 pm - Ash Wednesday Service</p>	<p>23</p> <p>5:30 pm - Host IHN Guests</p> <p>6:00 pm - Handbell Choir Reh 6:30 pm - Caregiver Support 7:30 pm - Knox Choir Reh.</p>	<p>24</p> <p>5:30 pm - Host IHN Guests</p>	<p>25</p> <p>5:30 pm - Host IHN Guests</p>
<p>26 <i>New Members Welcomed!</i> 8:45 am - Blood Pressure Screening 9:15 am - Fresh Spirit Worship, Adult Ed, & Sunday School 10:15 am - Coffee/Fell'ship/Kids Choirs 10:30 pm - Adult Ed Study 11:00 am - Traditional Worship, SS/Confirm Class</p> <p>5:00 pm - Older KYG - See pg 5</p>	<p>27</p> <p>10:00 am - Seekers</p> <p>7:00 pm - Deacons Mtg</p>	<p>28</p> <p>7:00 pm - Preschool Board</p>	<p>29</p> <p>7:30 am - Prayer Breakfast 10:00 am - Staff Meeting</p> <p>7:00 pm - Yoga Class</p>	<p><i>“God can speak through our acts of kindness.”</i></p> 		



Knox Presbyterian Church

3400 Michigan Ave.
Cincinnati, OH 45208
Phone: 513 321-2573; FAX 513 321-2750
www.knox.org

RETURN SERVICE REQUESTED

This Issue Was Mailed On:
Tuesday, January 31, 2012

Non-Profit
Organization

U.S. POSTAGE
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To Our Knox Members & Friends:

That All May Worship...

Pam Ward R.N., Faith Community Nurse

"This Church, as the body of Christ, is called to be a community of health and healing in every level and location of its common life."

*~ Call to Healing and Wholeness
207th General Assembly PCUSA*



Health Ministry at Knox

We believe each person is created in the likeness of God and given the responsibility to care for all dimensions of self – body, mind and spirit. This responsibility also includes caring for other persons, the environment, and all of creation.

Through Health Ministry, we embrace our faith, grow and uphold each other through times of joy and suffering. Our Faith Community Nurse serves our church family based on the care of the whole person and encompassing seven functions:

- ▶ Integrator of faith and health
- ▶ Health educator (helping to understand medical information)
- ▶ Personal health counselor (preparing for surgery, appointments, etc.)
- ▶ Referral agent for services available in our community
- ▶ Trainer/coordinator of volunteers assisting church members

- ▶ Support group facilitator
- ▶ Healthcare advocate and "navigator" through medical journeys or life transitions

This professional nursing role does not include the medical model of care or invasive practices such as blood drawing, medical treatments, or administration of intravenous products. It is a professional model of health ministry, which holds the spiritual dimension to be central to the practice. It also encompasses the physical, psychological and social dimensions of all forms of nursing practice, assessing and identifying needs.

Knox Presbyterian Church is very innovative and forward thinking in having a Faith Community Nurse on staff to serve the needs of our church family. After many years of networking and exploring services available in our community I may be a resource available during times of crisis or illness. It is helpful sometimes to have a nurse "in the family." I am here to serve you in Christ's name.

~ Pam Ward RN, Knox Faith Community Nurse
321-2573 x108; pward@knox.org

Office Hours: Mon-Tues-Wed: 8:30–4:30pm; Thurs:12-8pm
Blood Pressure Screening monthly – please check the church calendar to confirm when & where.