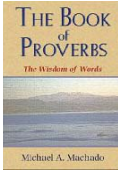


## ADULT ED OPPORTUNITIES (and not just on Sundays!)



### **Bible & Culture: Proverbs Study** **Concludes this morning; 9:15 am, Session Room** **Led by Holly Toensing**

Michael A. Machado illuminates the literary and cultural understanding behind the wisdom tradition of this biblical book. Proverbs reflects a school of wisdom which sought broad, "higher" principles in the accumulated wisdom culled over generations and across cultures. Please join us for an insightful look at this unique biblical literature.

*Holly regularly attends Knox & has taught religion courses for over 20 years. She received her Ph.D. in Biblical Studies from Vanderbilt University and is currently at UC working on a degree in counseling.*



### **Coffee and Conversation** **Sundays, 11:00 am, Session Room** **Led by Gwyneth Stewart & Doug Duckett**

Each Sunday we hear another inspiring, thoughtful and thought-provoking sermon. Please join us at 11:00 am each Sunday as we share reactions to the sermon and pick up new insights. This class will be facilitated by various Knox members, including Gwyneth Stewart and Doug Duckett.



### **PARENT JOURNEYS** **Mar 23, Apr 18, May 2 & 16; 6:30 pm, Classroom 301** **Led by Rachel Zimmer (Beech Acres Parenting Center)** **& Tiffany Zents**

In the next few months we invite parents to engage in a larger exploration of faith practice and intentional parenting. This means looking at our *own* journey and the points along the way that we have been most deeply impacted, what are best parenting practices, and what role spirituality might play in developing emotional wellness. We will draw on Richard Weissbourd's, *The Parents We Mean To Be: How Well-intentioned Adults Undermine Children's Moral and Emotional Development*, (available through the Church Education Office; \$20). This is being presented in partnership with Beech Acres Parenting Center of Cincinnati and Knox Church Education Office. Sign up by calling the CE Office or email Tiffany at [tzents@knox.org](mailto:tzents@knox.org). Childcare available.



### **Understanding ALS ("Lou Gehrig's") Disease** **Bob Reed, MD; Pam Ward, RN; Heidi Knellinger, PT, OCS, SCS,** **March 28, at 9:15 am & 11:00 am, Social Hall**

Since the Knox family has been deeply impacted by the news of Barb York's recent diagnosis of ALS, we feel that it would be valuable to offer an educational session in order to better understand the disease, and to learn how to welcome and support individuals and their families who are affected by physical disabilities. In Adult Education on March 28th, Knox members Dr. Bob Reed, Pam Ward and Heidi Knellinger will provide background about ALS and about how we, as a faith community, may be supportive to all

## ADULT ED OPPORTUNITIES! (continued)

those who face similar physical challenges. On that Sunday morning, please join us at 9:15 am or 11:00 am in the "old" Social Hall downstairs for this opportunity.

We are grateful to the following people for their participation in this program: *Bob Reed is a neurologist and Knox member. Pam Ward is a Knox member & on staff as our Faith Community Nurse. Heidi Knellinger, also a Knox member, is a physical therapist.*

♦ **BOOKS ANYONE?** If you were not able to join a small group, but would be interested in purchasing a book from one of the study groups, we still have the following available: *Future of Faith*, Harvey Cox (\$20); *An Altar in the World*, Barbara Brown Taylor (\$20); *Prodigal God*, Timothy Keller, w/discussion guide (\$24). Please contact the Church Education Office or stop by to pick up a copy.

♦ **DEACONS... A REMINDER** to pick up your flowers today from the Social Hall. *Thank you!*



♦ **KNOX PRESCHOOL** will be selling LaRosa's Buddy Cards between services today. Each card is \$10 and with your purchase you receive ten stickers for a free large cheese pizza when you buy another pizza of your choice, and one free admission to the Cincinnati Zoo. This fundraiser will help the preschool pay the tuitions of students who are currently on scholarship. Stop by the table in Knox Commons to purchase your card!

♦ **CHRISTINA HAAN'S** final Doctorial Recital. Please join Christina on Thursday, April 8th, 7pm, at Lakeside Presbyterian Church (on Dixie Hwy, KY) as she presents her final Doctorial Recital. It's free and all are welcome!

♦ **MINUTE FOR MISSION:** The Mission and Social Concern Committee will be providing information regarding our Mission Partners during the welcoming at worship once a month. Today we have a special guest, Lisa Hyde-Hill who is here today to help raise awareness of childhood hunger that exists in our own backyard. Lisa, the co-founder and Board Chairperson of Childhood Food Solutions is embarking on a walk from Cincinnati to Columbus in an effort to support the effort to educate the public and help solve the problem.



Lisa is the Service Coordinator for the Fay Apartments where she has developed & maintained all the programs for 900 families living there since September of 1999. Lisa serves the people of Cincinnati in many ways in addition to her work for residents in zip code 45225. She has received a "District Award of Merit" from Hopkins Dan Beard, received the National City Bank "Unsung Hero" award and received the Cincinnati Human Relations Commission Award 2009.

*Lisa will be present during coffee hour today to share information and answer questions. Please welcome her.*

CALENDAR FOR THE WEEK OF MARCH 21, 2010

Sunday, March 21

- 9:15 am Fresh Spirit Worship, Knox Commons
- 9:15 am Sunday School/Childcare (Infants-6th grade)
- 9:15 am Adult Ed, Room 201-Knox Room & New Session Room
- 10:15 am Coffee/Fellowship, Knox Commons; Youth Choirs, Rms 302, 303, 305
- 11:00 am Traditional Worship, Sanctuary
- 11:00 am Confirmation Class/Sunday School/Childcare (Infants-12th gr)
- 11:00 am Adult Ed, Session Room
- 12:15 pm **Knox Foundation Luncheon, Knox Commons, Kitchen**
- 5:00 pm Older KYG Musical Practice & Games
- 6:30 pm Different Drum, Room 201—Knox Room

Monday, March 22

- 10:00 am Seekers Study, Room 203—Library
- 11:00 am Bible Study, Room 201—Knox Room
- 12:00 noon The Commons Café, Knox Commons
- 7:00 pm Deacons Meeting, Session Room

Tuesday, March 23

- 6:30 pm NAMI Meeting, Room 100—Social Hall
- 6:30 pm Parent Journey Group, Classroom 301

Wednesday, March 24

- 7:30 am Prayer Breakfast, Room 201- Knox Room
- 9:30 am Staff Meeting, Room 203-Library
- 7:00 pm VBS Planning Mtg, off-site at St. Mary's

Thursday, March 25

- 6:00 pm Knox Handbell Choir, Room 210—Handbell Room
- 7:30 pm Knox Choir, Chapel


Friday, March 26

- 7:00 pm Movie With A Message, Knox Commons

Sunday, March 28

**Palm Sunday**

- 8:45 am Blood Pressure Screening, Health Ministry Office
- 9:15 am Fresh Spirit Worship, Knox Commons
- 9:15 am Sunday School/Childcare (Infants-6th grade)
- 9:15 am Adult Ed, Room 201-Knox Room & New Session Room
- 10:15 am Coffee/Fellowship, Knox Commons; Youth Choirs, Rms 302, 303, 305
- 11:00 am Traditional Worship, Sanctuary
- 11:00 am Confirmation Class/Sunday School/Childcare (Infants-12th gr)
- 11:00 am Adult Ed, Session Roo
- 5:00 pm Older KYG Musical Practice & Games
- 7:00 pm Future of Faith Class, Knox Commons



♦ **SAVE THE DATE** for our Ecumenical VBS, **June 21-25**, with St Mary's and Bellarmine! *God's Big Backyard!* Online registration begins in April. Kids 3 and half through rising 6th graders invited!

♦ **EASTER FLOWERS:** Please see enclosed insert. Orders needed by 3/24.

♦ **REMEMBER IN YOUR PRAYERS** these persons serving our country: Matt Anderson, Matt Buchert, Joseph Elkin, Richard Gash, Benjamin Hunter, Ben Lloyd, Jordan Lorenzen, Blake Lyon, Paul Moody, Curtis Oyster, Christopher Palmer, Thomas Rhame; Timothy Sowder, Andrew Syzek, Katie Turner, David Welker, Scott Johnson.



Announcements and Opportunities

Sunday, March 21, 2010



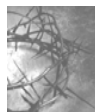
♦ **Commons Café** is a gathering of those of us 50+ with a focus on health and wellness. We will have a program or activity from **12-12:30 pm** followed by lunch. You can bring your own or order a delicious box lunch from Sunshine Market on Erie Avenue. Contact Pam Ward by 9:30 am each Monday if you would like to order lunch. No RSVP necessary. All are welcome to join us!

♦ **THANKS TO** the Bonnell family of the Fresh Spirit Worship Team for hosting Coffee Hour this morning!



♦ **KNOX FOUNDATION LUNCHEON TODAY** will be honoring Knox members who have provided the foundation for our church, in both mission and mortar. The luncheon will be hosted by our 5th, 6th and 7th grade youth this afternoon, 12:15 pm – 1:15 pm, in Knox Commons.

♦ **MOVIE WITH A MESSAGE** is *this* Friday, **MARCH 26th**, at 7 pm. We will be viewing *The World's Fastest Indian*, starring Anthony Hopkins, in the Knox Commons. (See insert for more details on this free event!)



♦ **KNOX MUSIC SERIES CONCERT...** Good Friday, **April 2nd**, 7:30 pm at Knox! See back of *Movie With A Message* insert for more details!

**HOLY WEEK SERVICES**

**Palm Sunday—March 28th—9:15 am & 11am**

**Maundy Thursday – April 1st—7:30 pm Worship Service**

Sacrament of Communion & Tenebrae

Thomas D. York, preaching

**Good Friday – April 2nd—12 noon**

Community Service Hosted by Knox Church

Rev. Dr. Timothy L. Bias, preaching

**7:30 pm - Knox Music Series** presents

JS Bach's, *St. John Passion*, at Knox (see insert)

**Easter Day – April 4th**

9:15 am - Fresh Spirit Easter Service, Knox Commons

11:00 am - Festival Service, Sanctuary