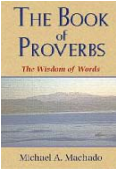


## ADULT ED OPPORTUNITIES ... and NOT just on Sundays!



### Bible & Culture Sundays, 9:15 am; Session Room Led by Holly Toensing

In his book *The Book of Proverbs: the Wisdom of Word*, Michael A. Machado illuminates the literary and cultural understanding behind the wisdom tradition of this biblical book. Proverbs reflects a school of wisdom which sought broad, "higher" principles in the accumulated wisdom culled over generations and across cultures. The study of this literature continues to enlighten readers today. Please join us for an insightful look at this unique biblical literature. Michael Machado's book is available at class and in the Church Education office during the week. (\$15)

*Holly regularly attends Knox & has taught religion courses for over 20 years. She received her Ph.D. in Biblical Studies from Vanderbilt University and is currently at UC working on a degree in counseling.*



### Coffee and Conversation Sundays, February 14, 21 & 28 11:00 am; Session Room Led by Rev. Jana Reister

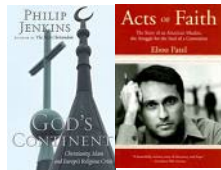
This Lent we will journey through a sermon series on the fourth Gospel of the New Testament, the Gospel according to John. Coinciding with this series, Jana Reister will lead a **3-week bible study on John** at the 11am *Coffee and Conversation* hour on Sunday mornings, Feb. 14, 21 and 28.

Guided by a study from *The Thoughtful Christian*, in our three sessions together we will examine **the story** told by this Gospel - its basic content; then **the story behind the story** - the author of the Gospel and its location within early Christian history; and finally **the story within the story** - the meaning that the Gospel writer is conveying. To prepare we encourage you to read the book of John, taking note of characters, themes, and symbols that crop up repeatedly. Also, obtain the helpful study guide from the church office or ask the office or Jana to email a copy to you. All are welcome - join us!



### Special Opportunity from our Faith Community Nurse Sunday, February 14; 9:15 am; Knox Room "Your Heart is in Your Hands—Women & Heart Disease"

As part of our effort to be holistic in our approach to faith education, our Faith Community Nurse will be bringing an information session on the important topic of women and heart disease. Did you know that cardiovascular disease and stroke are the #1 and #3 cause of death for women over the age of 25? Let's talk about it now!

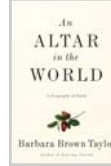


**21<sup>st</sup> Century Religion & Faith:**  
Discussion of P. Jenkins' *God's Continent* and Ibooo Patel's *Acts of Faith*; Begins February 21  
9:15 am; Knox Room; Led by Bob Reed & Tiffany Zents  
In February we will look at a recent study by Phillip Jenkins in which he discusses religious movements around the world

## ADULT ED OPPORTUNITIES! (continued)

and their impact on Christianity in the West, particularly in post-secular Europe. We will look at what this might mean for faith in America. To this point, we will compare Ibooo Patel's personal faith story of growing up as an India-born Muslim in the US and his role in founding the Interfaith Youth Core. Patel's story reminds believers what is at the heart of all faiths and religious practices. We hope you will join us for these discussions! (It is not necessary to have read the books.)  
*Bob Reed is a longtime Knox member and participant in Adult Education at Knox. He is a Neurologist by trade and "closet theologian."* *Tiffany Zents currently directs education at Knox and is working on a PhD at Hebrew Union College in the area of Bible and Ancient Near East.*

◇ **COMMONS CAFÉ** is a gathering of those of us 50+ with a focus on health and wellness. We will have a program or activity **12-12:30 pm** followed by lunch. You are welcome to bring your own or order a delicious box lunch from Sunshine Market on Erie Avenue. Contact Pam Ward by 9:30 am each Monday if you would like to order lunch. No RSVP necessary. All are welcome to join us!



- \* **February 15: No meeting** – church is closed for President's Day
- \* **February 22: Water Skiing**

"*An Altar in the World: A Geography of Faith.*" After lunch, discussion continues about Barbara Brown Taylor's book through March 15. It is not necessary to have read the book to benefit or even contribute to the discussion. Please join us! Arrive early and join us for lunch!



### PARENT JOURNEYS begins Feb. 21, at 6:30 pm Led by Rachel Zimmer (Beech Acres Parenting Center) & Tiffany Zents

In the next few months we invite parents to engage in a larger exploration of faith practice and intentional parenting. This means looking at our *own* journey and the points along the way that we have been most deeply impacted. How might religion play a role in developing emotional wellness? What valuable spiritual practices can we draw from a variety of faith traditions? How can we incorporate these into the life and traditions of our families? We will draw on Richard Weissbourd's, *The Parents We Mean To Be: How Well-intentioned Adults Undermine Children's Moral and Emotional Development*, (available through the Church Education Office; \$20). This will be presented in partnership with Beech Acres Parenting Center of Cincinnati and Knox Church Education Office. Sign up at [phase-sofffaith.org](http://phase-sofffaith.org) or by calling the CE Office. Childcare available.

◇ **KNOX YOGA WITH CINDY SIEBER:** Wed. Feb.24; 7-8 pm, Session Room. No registration necessary. No fee. Dress comfortably & bring a mat. For questions? Please contact Pam Ward 321-2573 x108 or email [wardpd@yahoo.com](mailto:wardpd@yahoo.com).



◇ **KNOX SWEATSHIRTS** are here! If you missed the presale, be sure to see a member of the Older Knox Youth Group. They ordered extras! (This is one of the youth's fundraisers for their June Montreat trip). Cost: \$40 adult sizes; \$30 youth sizes.

## CALENDAR FOR THE WEEK OF FEBRUARY 14, 2010

### Sunday, February 14

- 9:15 am Fresh Spirit Worship, Knox Commons
- 9:15 am Sunday School/Childcare (Infants-6th grade)
- 9:15 am Adult Ed, Room 201-Knox Room & New Session Room
- 10:15 am Coffee/Fellowship, Knox Commons; Youth Choirs, Rms 302, 303, 305
- 11:00 am Traditional Worship, Sanctuary
- 11:00 am Confirmation Class/Sunday School/Childcare (Infants-12th gr)
- 11:00 am Adult Ed, Session Room
- 7:00 pm Future of Faith Study, Knox Commons
- 8:00 pm Lock-In & Winter Olympics Party! Older KYG, Youth Rms (8pm-9am)

### Monday, February 15—President's Day—Church Building Closed

### Tuesday, February 16

- 6:00 pm Session Dinner with new members, Knox Commons
- 6:30 pm NAMI Meeting, Room 100—Social Hall
- 7:00 pm Session Meeting, Session Room

### Wednesday, February 17

- 7:30 am Prayer Breakfast, Room 201- Knox Room
- 9:30 am Staff Meeting, Room 203-Library
- 5:45 pm Third Church Tutoring, off-site
- 5:45 pm GO Committee, Room 201—Knox Room
- 7:00 pm *The Journey* Study Group, Room 201—Knox Room
- 7:00 pm Men's Club, Youth Room
- 7:30 pm Young Professionals Study Group, off-site
- 7:30 pm **Ash Wednesday Service, Sanctuary**

### Thursday, February 18

- 6:00 pm Knox Handbell Choir, Room 210—Handbell Room
- 7:30 pm Knox Choir, Chapel

### Friday, February 19

- 7:00 pm Heretics Study, Room 201—Knox Room

### Sunday, February 21

- 9:15 am Fresh Spirit Worship, Knox Commons
- 9:15 am Sunday School/Childcare (Infants-6th grade)
- 9:15 am Adult Ed, Room 201-Knox Room & New Session Room
- 10:15 am Coffee/Fellowship, Knox Commons; Youth Choirs, Rms 302, 303, 305
- 11:00 am Traditional Worship, Sanctuary
- 11:00 am Confirmation Class/Sunday School/Childcare (Infants-12th gr)
- 11:00 am Adult Ed, Session Room
- 5:00 pm Older KYG, Back Home Meeting—Musical Practice, Youth Rooms
- 6:30 pm Different Drum, Room 201—Knox Room
- 7:00 pm Future of Faith Study, Knox Commons

♥ HAPPY VALENTINE'S DAY! ♥

♦ **MEAC (Madisonville Education & Assistance Center)**, a Knox Mission Partner, is in need of non-perishable food and paper towels. Please place your donated items (marked MEAC) at the base of the steps in the Michigan Ave Lobby. Thanks

♦ **REMEMBER IN YOUR PRAYERS** these persons serving our country: Matt Anderson, Matt Buchert, Joseph Elkin, Richard Gash, Benjamin Hunter, Ben Lloyd, Jordan Lorenzen, Blake Lyon, Paul Moody, Curtis Oyster, Christopher Palmer, Thomas Rhame; Timothy Sowder, Andrew Syzek, Katie Turner, David Welker, Scott Johnson.



## Announcements and Opportunities

Sunday, February 14, 2010



### VBS NEWS ALERT!

Help us make a difference this summer...we invite you to join our community VBS Core Team!

This Summer Bellarmine Chapel, St Mary's Church and Knox Church would like to offer a wonderful week-long summer program (at St. Mary's Church) called *God's BIG Back Yard*, the mornings of June 21-25!

Along with having fun, children will learn about actively serving others through local community outreaches and share in a variety of activities. We want to provide a sacred space for children to build friendships, serve others and engage in worship.

We would like to invite you to consider joining our Core Committee and to lend your vision and time to making this unique, ecumenical opportunity for kids! Areas for leadership include: Community service; Music; Drama; Craft; Snacks; Registration; Volunteer Coordinator. Please contact [tzents@knox.org](mailto:tzents@knox.org) if you have questions or plan to attend a meeting on February 22 (7pm) to learn more!

♦ THANKS TO Bette and Jack Stith, Steve and Laura Deck and Deloris and Bill Learmonth for hosting Coffee Hour this Morning!



♦ **ASH WEDNESDAY, February 17th**, begins the season of Lent, with a worship service at 7:30 pm. Imposition of Ashes will be available for those desiring it.

♦ **FREE MOVIE AT KNOX!** The Growth & Outreach Committee of Knox invites you to attend our 2nd "Movie with a Message" on Friday, Feb. 26, at 7 pm. Come enjoy a free movie with a discussion after. To keep things simple, please bring your own snacks - *or even dinner* - to enjoy during the movie.

Our movie is *The World's Fastest Indian*, starring Anthony Hopkins. This 2005 film is based on a true story about New Zealander, Burt Munro, who for 25 years worked on increasing the speed of his motorcycle, a 1920 Indian. He dreams of taking it to the Bonneville Salt Flats in Utah to see how fast it will go. This movie shows how Burt accomplished his dream and the lives he touched along the way.

