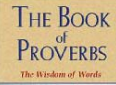


ADULT ED OPPORTUNITIES ... and NOT just on Sundays!

NO Adult Education Classes TODAY!

Today's 10 am service will be followed by a congregational meeting and Soup, Sweaters & Sweatshirts! (Adult Ed resumes next Sunday, Feb. 14th).



Bible & Culture **Sundays, 9:15 am; Session Room** **Led by Holly Toensing**

In his book *The Book of Proverbs: the Wisdom of Word*, Michael A. Machado illuminates the literary and cultural understanding behind the wisdom tradition of this biblical book. Proverbs reflects a school of wisdom which sought broad, "higher" principles in the accumulated wisdom culled over generations and across cultures. The study of this literature continues to enlighten readers today. Please join us for an insightful look at this unique biblical literature. Michael Machado's book is available at class and in the Church Education office during the week. (\$15)

Holly regularly attends Knox & has taught religion courses for over 20 years. She received her Ph.D. in Biblical Studies from Vanderbilt University and is currently at UC working on a degree in counseling.



Coffee and Conversation **Sundays, February 14, 21 & 28** **11:00 am; Session Room** **Led by Rev. Jana Reister**

This Lent we will journey through a sermon series on the fourth Gospel of the New Testament, the Gospel according to John. Coinciding with this series, Jana Reister will lead a **3-week bible study on John** at the 11am *Coffee and Conversation* hour on Sunday mornings, Feb. 14, 21 and 28.

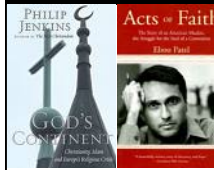
Guided by a study from *The Thoughtful Christian*, in our three sessions together we will examine **the story** told by this Gospel - its basic content; then the **story behind the story** - the author of the Gospel and its location within early Christian history; and finally **the story within the story** - the meaning that the Gospel writer is conveying. To prepare we encourage you to read the book of John, taking note of characters, themes, and symbols that crop up repeatedly. Also, obtain the helpful study guide from the church office or ask the office or Jana to email a copy to you. All are welcome - join us!



Special Opportunity from our Faith Community Nurse **Sunday, February 14; 9:15 am; Knox Room** **"Your Heart is in Your Hands—Women & Heart Disease"**

As part of our effort to be holistic in our approach to faith education, our Faith Community Nurse will be bringing an information session on the important topic of women and heart disease. Did you know that cardiovascular disease and stroke are the #1 and #3 cause of death for women over the age of 25? Let's talk about it now!

ADULT ED OPPORTUNITIES! (continued)



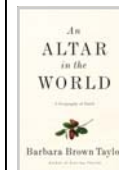
21st Century Religion & Faith: **Discussion of P. Jenkins' *God's Continent* and** **Ibooo Patel's *Acts of Faith*; Begins February 21** **9:15 am ; Knox Room** **Led by Bob Reed & Tiffany Zents**

In February we will look at a recent study by Phillip Jenkins in which he discusses religious movements around the world and their impact on Christianity in the West, particularly in post-secular Europe. We will look at what this might mean for faith in America. To this point, we will compare Ibooo Patel's personal faith story of growing up as an India-born Muslim in the US and his role in founding the Inter-faith Youth Core. Patel's story reminds believers what is at the heart of all faiths and religious practices. We hope you will join us for these discussions! (It is not necessary to have read the books.)

Bob Reed is a longtime Knox member and participant in Adult Education at Knox. He is a Neurologist by trade and "closet theologian." Tiffany Zents currently directs education at Knox and is working on a PhD at Hebrew Union College in the area of Bible and Ancient Near East.

◇ **COMMONS CAFÉ** is a gathering of those of us 50+ with a focus on health and wellness. We will have a program or activity **12-12:30 pm** followed by lunch. You are welcome to bring your own or order a delicious box lunch from Sunshine Market on Erie Avenue. Contact Pam Ward by 9:30 am each Monday if you would like to order lunch. No RSVP necessary. All are welcome to join us!

- * February 8 : Gentle Yoga with Cindy Sieber
- * February 15: None – church is closed for President's Day



"An Altar in the World: A Geography of Faith." After lunch there will be group discussion about Barbara Brown Taylor's book, **1pm –2 pm** on 2/1, 2/8, 2/22, 3/1, 3/8, and 3/15. This group is also welcome to newcomers anytime. It is not necessary to have read the book to benefit or even contribute to the discussion we will be having. Please join us. You are welcome to arrive early and join us for lunch.



◇ **KNOX YOGA WITH CINDY SIEBER:** Wed. Feb.24; 7-8 pm, Session Room. No registration necessary. No fee. Dress comfortably, prepared to work without shoes, bring a mat for your comfort. Questions? Please contact Pam Ward 321-2573 x108 or email wardpd@yahoo.com.

◇ **KNOX SWEATSHIRTS** are here! If you missed the presale, be sure to see a member of the Older Knox Youth Group. They ordered extras! (This is one of the youth's fundraisers for their June Montreat trip). Cost: \$40 adult sizes; \$30 youth sizes.



◇ **MEAC (Madisonville Education & Assistance Center)**, a Knox Mission Partner, is in need of non-perishable food and paper towels. Please place your donated items (marked MEAC) at the base of the steps in the Michigan Ave Lobby. Thanks!

◇ **NEXT** Presbyterian Women's Fellowship—March 10th (No meeting in February).

CALENDAR FOR THE WEEK OF FEBRUARY 7, 2010

Sunday, February 7—Soup, Sweater & Sweatshirt Day!

- 10:00 am Single Worship, Sanctuary
- 10:00 am Confirmation Class/Sunday School/Childcare (Infants-8th gr)
- 11:00 am Annual Congregational Meeting, Sanctuary
- 11:30 am Soup Lunch, Knox Commons
- 12:00 pm Older KYG—Prepare lunch for MEAC Feed & Seed, Kitchen
- 6:30 pm Different Drum, Room 201—Knox Room

Monday, February 8

- 10:00 pm Seekers Study, Room 203—Library
- 11:00 am Bible Study, Room 201—Knox Room
- 12:00 noon The Commons Café, Knox Commons (Book Study at 1pm)

Tuesday, February 9

- 6:30 pm NAMI Meeting, Room 100—Social Hall
- 7:00 pm Fresh Spirit Rehearsal, Chapel
- 7:00 pm IHN Board Meeting, Classroom 301
- 7:30 pm HP Neighborhood Council, Knox Commons

Wednesday, February 10

- 7:30 am Prayer Breakfast, Room 201- Knox Room
- 9:30 am Staff Meeting, Room 203-Library
- 5:45 pm Third Church Tutoring, off-site
- 7:00 pm *The Journey* Study Group, Room 201—Knox Room
- 7:30 pm Young Professionals Study Group, off-site

Thursday, February 11

- 9:00 am Preschool Happy Hearts Tea, Room 100—Social Hall
- 6:00 pm Knox Handbell Choir, Room 210—Handbell Room
- 7:30 pm Knox Choir, Chapel

Sunday, February 14

- 9:15 am Fresh Spirit Worship, Knox Commons
- 9:15 am Sunday School/Childcare (Infants-6th grade)
- 9:15 am Adult Ed, Room 201-Knox Room & New Session Room
- 10:15 am Coffee/Fellowship, Knox Commons; Youth Choirs, Rms 302, 303, 305
- 11:00 am Traditional Worship, Sanctuary
- 11:00 am Confirmation Class/Sunday School/Childcare (Infants-12th gr)
- 11:00 am Adult Ed, Session Room
- 7:00 pm Future of Faith Study, Knox Commons
- 8:00 pm Lock-In & Winter Olympics Party! Older KYG, Youth Rms (8pm-9am)

Monday, February 15—President's Day—Church Building Closed

Tuesday, February 16

- 6:00 pm Session Dinner with new members, Knox Commons
- 6:30 pm NAMI Meeting, Room 100—Social Hall
- 7:00 pm Session Meeting, Session Room



♦ **2010 MEMORIAL FLOWERS:** Interested in donating flowers for our 11am service? We have these dates open: Feb. 21, Mar. 7, May 30, July 25, Sept. 5, 19, Oct. 31. Cost: \$50. Please contact Linda Meineke, lmeineke@knox.org or call the church, 321-2570x103. Thanks!

♦ **REMEMBER IN YOUR PRAYERS** these persons serving our country: Matt Anderson, Jeff Brewster, Matt Buchert, Joseph Elkin, Richard Gash, Benjamin Hunter, Ben Lloyd, Jordan Lorenzen, Blake Lyon, Paul Moody, Curtis Oyster, Christopher Palmer, Thomas Rhame; Timothy Sowder, Andrew Syzek, Katie Turner, David Welker, Scott Johnson.



Announcements and Opportunities

Sunday, February 7, 2010



VBS NEWS ALERT!

Help us make a difference this summer...we invite you to join our community VBS Core Team!

This Summer Bellarmine Chapel, St Mary's Church and Knox Church would like to offer a wonderful week-long summer program (at St. Mary's Church) called *God's BIG Back Yard*, the mornings of June 21-25!

Along with having fun, children will learn about actively serving others through local community outreaches and share in a variety of activities. We want to provide a sacred space for children to build friendships, serve others and engage in worship.

We would like to invite you to consider joining our Core Committee and to lend your vision and time to making this unique, ecumenical opportunity for kids! Areas for leadership include: Community service; Music; Drama; Craft; Snacks; Registration; Volunteer Coordinator. Please contact tzents@knox.org if you have questions or plan to attend a meeting on February 22 (7pm) to learn more!

♦ **HOW YOU CAN HELP HAITI:** See flyers in the Michigan Ave. lobby for details!

♦ **ASH WEDNESDAY, February 17th,** begins the season of Lent, with a worship service at 7:30 pm. Imposition of Ashes will be available for those desiring it.

TODAY WE INVITE YOU TO JOIN US FOR ...

➔ ... **Single Service at 10am** w/**Annual Congregational Meeting** immediately after (about 11am).



... **Soup, Sweaters & Sweatshirts Sunday** - following the Annual Meeting, join us in the Knox Commons for a bowl of soup, bread and fellowship! Please drop off your cup of vegetables in the kitchen before worship. Several different kinds of soup will be waiting for you when you return to the Knox Commons. **Note: Parents w/children ages infants through grade 6, may pick up their children after the Annual Meeting.**



... **our 8th Grade Confirmation Class** will be at the doors at the close of our 10 am service holding soup pots, ready to collect your donation as you leave worship. They will be joining young people in churches across the country, collecting money for Heifer International's relief effort in Haiti. Contact Tiffany Zents at tzents@knox.org for more details.