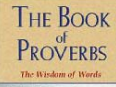


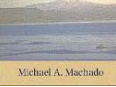
ADULT ED OPPORTUNITIES ... and NOT just on Sundays!

NO Adult Education Classes on February 7!

We have one 10:00 am service followed by a congregational meeting and Soup, Sweaters & Sweatshirts!



Bible & Culture Sundays, 9:15 am, Session Room Led by Holly Toensing



In his book *The Book of Proverbs: the Wisdom of Word*, Michael A. Machado illuminates the literary and cultural understanding behind the wisdom tradition of this biblical book. Proverbs reflects a school of wisdom which sought broad, "higher" principles in the accumulated wisdom culled over generations and across cultures. The study of this literature continues to enlighten readers today. Please join us for an insightful look at this unique biblical literature. Michael Machado's book is available at class and in the Church Education office during the week. (\$15)

Holly regularly attends Knox & has taught religion courses for over 20 years. She received her Ph.D. in Biblical Studies from Vanderbilt University and is currently at UC working on a degree in counseling.



Coffee and Conversation January 31st, 11:00 am, Session Room Led by Gwyneth Stewart & Doug Duckett

Please join us as we share reactions to this morning's sermon and pick up new insights. This class is facilitated by various Knox members, including Gwyneth Stewart and Doug Duckett.

Coffee and Conversation Sundays, February 14, 21 & 28, 11:00 am Led by Rev. Jana Reister, Session Room

This Lent, pastors Tom York and Jana Reister will lead us through a sermon series on the fourth Gospel of the New Testament, the Gospel according to John. Coinciding with this series, Jana will lead a **3-week bible study on John's Gospel**. Guided by a study produced by *The Thoughtful Christian*, in our three sessions together we will examine first *the story* told by this Gospel, its basic content; then the *story behind the story*, the author of the Gospel and its location within early Christian history; and finally *the story within the story*, the meaning that the Gospel writer is conveying. To prepare for this study, we encourage you to read John from beginning to end before the first session, taking note of characters, themes, and symbols that crop up repeatedly. Also before the first session, please obtain a study guide by contacting Jana Reister who will email it to you (pdf format). Or, contact the church office to arrange to pick up a printed copy. All are welcome – join us!



Special Opportunity from our Faith Community Nurse on February 14. "Your Heart is in Your Hands—Women and Heart Disease"

At 9:15 am, Knox Room

As part of our effort to be holistic in our approach to faith education,

ADULT ED OPPORTUNITIES! (continued)

our Faith Community Nurse will be bringing an information session on the important topic of women and heart disease. Did you know that cardiovascular disease and stroke are the #1 and #3 cause of death for women over the age of 25? Let's talk about it now!



21st Century Religion & Faith: Exploring *The Case for God* Sundays, 9:15 am, Knox Room Led by Tiffany Zents & Glenn Rogers

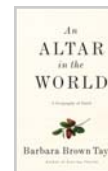
Please join us as we continue to discuss Karen Armstrong's new book, *The Case for God*. Armstrong helps us grasp the span of human experience encompassed in *God*, and thereby understand our own journey. She notes that the task of religion is "to help us live creatively, peacefully and even joyously with the realities for which there are no easy explanations." The book may be obtained at the Joseph Beth Bookstore (at their info desk). To receive the 20% discount, please tell them it is for the Knox Presbyterian Book Club. Please drop in any time—a chapter synopsis is provided.

Tiffany Zents currently directs education at Knox and is working on a PhD at Hebrew Union College in the area of Bible and Ancient Near East.

Glenn Rogers is a retired Presbyterian minister. He served churches in Michigan and Ohio including serving as the associate pastor at Knox for 13 years.

♦ **COMMONS CAFÉ'** is a gathering of those of us 50+ with a focus on health and wellness. We will have a program or activity **12-12:30 pm** followed by lunch. You are welcome to bring your own or order a delicious box lunch from Sunshine Market on Erie Avenue. Contact Pam Ward by 9:30 am each Monday if you would like to order lunch. No RSVP necessary. All are welcome to join us!

- * February 1 : Gentle Yoga with Cindy Sieber
- * February 8 : Gentle Yoga with Cindy Sieber
- * February 15: None – church is closed for President's Day



"An Altar in the World: A Geography of Faith." After lunch there will be group discussion about Barbara Brown Taylor's book, **1pm –2 pm** on 2/1, 2/8, 2/22, 3/1, 3/8, and 3/15. This group is also welcome to newcomers anytime. It is not necessary to have read the book to benefit or even contribute to the discussion we will be having. Please join us. You are welcome to arrive early and join us for lunch.

♦ **KNOX YOGA WITH CINDY SIEBER:** Wednesdays, Feb. 3 and 24; 7-8 pm, Session Rm No registration necessary. No fee. Dress comfortably, prepared to work without shoes, bring a mat for your comfort. Questions? Contact Pam Ward 321-2573 x108 or email wardpd@yahoo.com



♦ **PRESALE OF KNOX SWEATSHIRTS** (by the Older KYG for their June Montreat trip fundraiser) continues during Coffee Hour in the Knox Commons and in the Michigan Avenue Lobby. Pre-Sale orders will arrive Sunday, February 7th - just in time for Soup, Sweaters and Sweatshirts Sunday! Cost: \$40 adult sizes; \$30 youth sizes.

♦ **MEAC (Madisonville Education & Assistance Center)**, a Knox Mission Partner, is in need of non-perishable food and paper towels. Please place your donated items (marked MEAC) at the base of the steps in the Michigan Ave Lobby. Thanks!

CALENDAR FOR THE WEEK OF JANUARY 31, 2010

Sunday, January 31

- 9:15 am Fresh Spirit Worship, Knox Commons
 - 9:15 am Sunday School/Childcare (Infants-6th grade)
 - 9:15 am Adult Ed, Room 201-Knox Room & New Session Room
 - 10:15 am Coffee/Fellowship, Knox Commons; Youth Choirs, Rms 302, 303, 305
 - 11:00 am Traditional Worship, Sanctuary
 - 11:00 am Confirmation Class/Sunday School/Childcare (Infants-12th gr)
 - 11:00 am Adult Ed, Session Room
 - 12:00 pm Inquirers Series Lunch & Fellowship, Room 201—Knox Room
 - 12:15 pm Knox Nourishment Dinner Series Kick-Off, Knox Commons
 - Time TBA Older Knox Youth Group, Movie Event, title & location TBA
- Future of Faith Study Group will NOT meet—study to begin 2/14*

Monday, February 1

- 11:00 am Bible Study, Room 201—Knox Room
- 12:00 noon The Commons Café, Knox Commons
- 1:00 pm Book Study Group, Knox Commons
- 6:45 pm Session Coordinating Meeting, Session Room
- 7:00 pm Session Committee Meetings, Various

Tuesday, February 2

- 6:30 pm NAMI Meeting, Room 100—Social Hall

Wednesday, February 3

- 7:30 am Prayer Breakfast, Room 201- Knox Room
- 9:30 am Staff Meeting, Room 203-Library
- 5:45 pm Third Church Tutoring, off-site
- 7:00 pm Yoga Class, Session Room
- 7:00 pm *The Journey* Study Group, Room 201—Knox Room
- 7:00 pm Men's Clubbers Group, location TBA
- 7:30 pm` Young Professionals Study Group, off-site

Thursday, February 4

- 6:00 pm Knox Handbell Choir, Room 210—Handbell Room
- 6:30 pm Prayer Shawl, Room 201-Knox Room
- 7:30 pm Knox Choir, Chapel

Friday, February 5

- 6:00 pm First Friday Family Fun Night!, Knox Commons, Youth Rooms
- 7:00 pm *Heretics, You & Me* Study Group, Room 201—Knox Room

Sunday, February 7—Soup, Sweater & Sweatshirt Day!

- 10:00 am Single Worship, Sanctuary
- 10:00 am Confirmation Class/Sunday School/Childcare (Infants-8th gr)
- 11:00 am Annual Congregational Meeting, Sanctuary
- 11:30 am Soup Lunch, Knox Commons
- 12:00 pm Older KYG— Prepare lunch for MEAC Feed & Seed, Kitchen
- 6:30 pm Different Drum, Room 201—Knox Room

♦ **BE AN IHN MENTOR** for a previously homeless family! Training dates: Sat., Feb 6 (9am-noon) and Tues., Feb 9, 6-8pm, at Church of the Redeemer in Hyde Park. Interested? Contact Ashley Tucker, 471-1100x12 or ashley@ihncincinnati.org.

♦ **REMEMBER IN YOUR PRAYERS** these persons serving our country: Matt Anderson, Jeff Brewster, Matt Buchert, Joseph Elkin, Richard Gash, Benjamin Hunter, Ben Lloyd, Jordan Lorenzen, Blake Lyon, Paul Moody, Curtis Oyster, Christopher Palmer, Thomas Rhame; Timothy Sowder, Andrew Syzek, Katie Turner, David Welker, Scott Johnson.



Announcements and Opportunities

Sunday, January 31, 2010

Inquirers Series - TODAY: Think you might like to make Knox your church home? Curious about membership? Wondering what it means to be a Presbyterian? The three-part **Inquirers Series** explores these and other burning questions. If you missed the first session, you are still welcome to join us today for session two!



Immediately following today's 11:00 am worship service, come to the Knox Room at the Michigan Ave. entrance for lunch and discussion as we address questions such as, "What is a Presbyterian anyway?" and "Presbyterians at Knox: Who are we?" Childcare is available. We aim to conclude our time together by 1:30 pm.



♦ **THANKS TO** our Fresh Spirit Musicians for hosting Coffee Hour this morning!

♦ **HOW YOU CAN HELP HAITI** - See flyers at the info stations for more details!

♦ **FIRST FRIDAY FAMILY FUN NIGHT! ... is this Friday, Feb. 5th**, 6-7:30 pm; Knox Commons and Youth Rooms. Attention young families! Join us at 6:00 pm for dinner! Afterwards, the kids will attend a mini youth group experience (ages K- 4th grade) with David Annett, while the adults enjoy a topic of interest for parents of young children. Cost: \$5 pp, or \$20/family. Child care is available (kids age 5 and under). RSVP to David Annett, 321-2573, x107 or: dannett@knox.org.

NEXT SUNDAY, February 7th...

→ ... **Single Service at 10:00 am on Feb. 7th**, with **Annual Congregational Meeting** immediately after (about 11:00 am).



... **Soup, Sweaters & Sweatshirts Sunday** - Dress casually on Feb. 7 (in your favorite Christmas sweater or your new Knox Sweatshirt!) Then following the **single service at 10 am** and congregational meeting, join us in the Knox Commons for a bowl of soup, hearty bread and fellowship! We are going green again this year so in addition to dropping off a cup of vegetables in the kitchen before worship, we encourage you to bring your favorite soup bowl and spoon from home. Several different kinds of soup will be waiting for you when you return to the Knox Commons.



... our **8th Grade Confirmation Class** (on 2/7) will be at the doors at the close of 10 am service holding soup pots, ready to collect your donation as you leave worship. They will be joining young people in churches across the country, collecting money for Heiffer International's relief effort in Haiti. Contact Tiffany Zents at tzents@knox.org for further details.